

IMPORTANT CHANGES TO THE TRUST

The Anita Goulden Trust has seen much activity in the year since our last Newsletter. There have been changes in the board of Trustees, we have created a new website for the Trust presenting a fresher image and potentially attracting new donors, and we have completely revised our data processing and record keeping to comply with the new data protection regulations that came into force in May of this year. The unfortunate truth is that our regular

flow of donations now falls well short of the Anita Goulden Home's need for cash income and this year, for the first time, we have been forced to introduce a progressive reduction in the amount of our regular transfers of funds to the Home. We plan to do this in a gradual fashion so as to allow the Home time to adapt, controlling costs and seeking other sources of cash income.

The Home and its governing Committee

have made enormous strides in promoting local donations, but these are still mainly donations in kind of food, medicines and other much needed supplies, so they remain dependent on the Trust and on your donations for the majority of their cash income, which is vitally important for paying staff salaries and bills for utilities and other services.

David Thomas

Chairman of Trustees

NEWS FROM THE TRUST

Three of our Trustees have resigned or retired. Sallie Morgan retired after 16 years as a Trustee. With her husband, Dick, Sallie had visited Piura at the time of Anita Goulden's death, when there were real risks to the continuity of her work and the home she had created for some severely disabled and abandoned children. Sallie's role in informing and advising the Trust in that critical period was fundamental to the eventual establishment of the new Home

that now carries on Anita Goulden's legacy. Martha Edwards has provided great support to our administrator and, as a Peruvian national living in London, has provided invaluable insights into the Peruvian culture and way of doing things. She has resigned from the Trust due to moving back to live in Peru. We very much hope that she will be able to visit the Home on our behalf once established in her new home.

Bridget Collins, who resigned in September, became a trustee following an extended stay in Piura working, together with her husband John, as volunteers in the Home. During a second visit some time later, Bridget was able to provide advice to them on strategy and management of operations and staff which, even if not fully implemented, have led to many improvements in the way the Home is run. During the last year, Bridget volunteered her knowledge and experience in the financial services sector to lead the project that has ensured the Trust's compliance with the General Data Protection Regulations.

My thanks go to all three of them for their work and for the wisdom they have brought to the Trust.

Two new Trustees have been appointed.



Milita

Kate Arthur, Anita Goulden's granddaughter, who visited us in 2017, has kindly accepted our invitation to become a Trustee. Kate lives in Canada, where she leads an organisation in the not-for-profit sector. She generously volunteered the services of her organisation to develop and manage the Trust's new website.

Hugo Goodson joined the Trust in September this year. He has supported the Trust for a number of years, having been associated with a charitable fund-raising group in Leicestershire that has been a regular donor to the Trust for decades. As reported in the last Newsletter, Hugo visited the Home in Piura in 2017 and was able to report favourably to the Trustees on the situation he found there. Hugo is a teacher who has recently moved to live and work in the London area.



Jhon at a show

News from the Home

Luciana Ceccovilli, Chairman of the Local Committee, tells us that over the last year, the Home has been through many changes and has achieved excellent results in several different areas.

The management of the Home changed last year with the departure of the former Director, Fabiola Cardenas, who moved to live overseas. Her former assistant and the Home's Social Assistant, Dora Reyes, is now in day-to-day charge, well supported by Sra. Anita Mollet and members of the local Committee.

The Home is well supported nowadays by outside medical resources. For example, in addition to the care provided by the Home's own nurses and therapists, the Health Centre in the local neighbourhood of Pachitea offers medical care to the residents. More serious medical problems are treated by Piura's Hospital Santa Rosa. A neurologist provided by the state health service examines the residents periodically and a paediatric neurologist, Dr. Carlos Botton, also provides treatment free of charge in his surgery.

The Home's therapists have a programme "Projection into the Community" which offers free therapy to children from very poor families and which is given at times that do not interfere with the care provided to residents. There are currently two children in this programme.

Many local voluntary groups donated food, cleaning materials, clothes and medicines during and in the aftermath of the El Niño emergency.

Ongoing donations of cash, goods, food and medical supplies are made by so many local groups, businesses, official bodies

and individuals that it is impossible to mention them here.

This year the Home was fortunate to have the help of two groups of volunteers, one of which stayed for six weeks and the other will stay for four months.

AIESEC is a global not-for-profit organisation of young people aged from 18 to 29. One of their projects in Peru is called "Doctor Smile" and they asked to be allowed to bring the project to the children of the Home. The first group of Argentine volunteers, all students in medicine or psychology, arrived in January and worked with the staff on care, therapy, feeding and play with the residents. One group from Brazil, stayed from February to April, and another in July and August. All left a good impression and happy memories.

MAGIS is a Peruvian volunteer group of young people linked to the Jesuit congregation that works with vulnerable people and communities. Their project began recently and involves working with the residents for 4 hours every two weeks. There were visits last year by members of the Lions Club and by groups of students from the University of Los Angeles de Chimbote, the University of Piura and the Antenor Orrego Private University. Shows were put on for the residents by independent groups of young people.

In May, two occupational therapy specialists from San Marcos University, Lic. Oscar Palomino and Lic. Wilfredo Juárez who were doing an internship at Hospital San Juan de Dios, came to evaluate the residents and one of them returned in June to give a presentation on occupational therapy to the staff of the Home. There will



Therapy



Gaely and Jesús



shortly be a visit of one month by Trenton Van Ooteghem, a physiotherapist from Alaska, who will work with the residents. The Home had been visited in 2017 by a Peruvian professional, resident in Switzerland who, with a group of colleagues, the Wunnwil group, raises funds for charitable causes. With funding from this group, the Home was able in April to install a lift for moving residents between floors. Further funds have been offered for a project to replace floors in the entrance to the Home, which should improve its appearance and further facilitate disabled access.

During the year the Home has been involved in a number of celebrations, always including the residents. The annual celebration mass for Anita Goulden and a visit to her grave took place in June. In September, the anniversary of the founding of the Home was celebrated. In October, there was a party in honour of the residents during Peru's People with Disabilities Week.

News of the Residents

The Home is now housing 18 residents, compared with its maximum capacity of 20. New applications from families unable to cope adequately with their children's disabilities are regularly received.

In January 4 residents left the Home. Isabel María Atoche Huancas (Chavela) and Carlos Iván Roque Tineo (Ivan) both returned to their homes in the Andes foothills. Ivan has made some significant advances, being able to sit outside his house on his own, with periodic supervision.

Doney Flores Carmen returned to her family in the Piura region

Jackeline Milagros Camacho Chiroque (Milagros), was taken back by her family. In April, she was visited by the social worker from the Home. Sadly she died at home in September.

Good results have been achieved with three new residents.

Gaely Suclupe Crisanto, aged 4 with psychomotor retardation, came in with no speech and suffering from a club foot. After evaluation by a traumatology specialist Dr. Luis García Chong, intensive physical therapy has improved rotation of her hip to allow her to position her foot better. She arrived only able to crawl, but with boots and a walking frame is now walking. Her speech has also progressed and she can now pronounce a few words. The language therapist who works with the Home has suggested that she might benefit from an operation to the frenum of the tongue. She is at her family home in Chiclayo whilst this is considered.

Catalina Nicol Lozano Coveñas, aged 6 was diagnosed with muscular hypotonia and was unable to speak or walk when she arrived in March. She now walks with the help of boots specially made to keep her foot flat. Therapy is now focussed on her control of bodily functions and socialisation. She responds to care and affection and can now follow instructions. Jesús Juan Tadeo Mendoza Alvarado, aged 9, with after effects of cerebral palsy is, with therapy, improving control of the torso and hips and his posture.

The most severe medical problems have been suffered by 9 year old Angel Castillo, who had been aspirating his food, leading to pneumonia and pleural haemorrhage. He has been treated at hospital in Piura and at the Children's Hospital in Lima and more recently in the Regional Hospital in Chiclayo. He was eventually fitted with a nasal feeding tube. and can no longer take

food by mouth. He has survived thanks to this treatment and the intensive care provided by the nurses and technicians in the Home.

A nutritionist from Hospital Santa Rosa has been evaluating Ángel, who needs to increase his weight. She has produced a feeding plan for the Home to follow. Angel is now sleeping comfortably in a clinical bed that was donated by a local family.

Diego and Chabela were taken to the dentist by a volunteer from a local ladies' group. They were prescribed a special toothpaste to deal with inflammation of the gums.



Pedro at the park

Esperanza Torres and Angel were given thoracic sonograms by a lung specialist to check on possible after effects from the pneumonia that they had suffered in 2016 and 2017. The results were clear.

In November last year, Aldair was successfully treated for inflammation in the foot and hips which made it impossible for him to sit.

Appliances for upper and lower limbs have been made for Angel, Dayron Adrianzen and Jhon Campos, and neck supports were donated for Angel and Angelica. Jhon and Dayron, have been given new, refurbished wheelchairs as they have grown and needed larger ones. A new neurological wheelchair was also given by two individual donors for new resident Jesus Tadeo.

All the residents have recreational activities every weekday afternoon and language therapy daily. There are recreational activities in the park or the garden of the

Home every Saturday morning.

In March, the residents were given a trip to the beach. The coach was loaned by the National University of Piura. This annual event was interrupted last year by the El Niño emergency.

This year the region has had an unusually cold winter and great care has been taken to protect the residents from the effects. Despite all the precautions, there have been some health problems in August and September. Aldair and Catalina both suffered tonsillitis. Gaely, after her home visit for the holidays, had a cold and a urinary infection. Dayron was taken ill with measles, but this outbreak has been contained. Ronnie had bronchial obstruction, but is now once again in good health.

Jhon, Esperanza, and Dayron have had further therapy to increase their ability to communicate happiness or discomfort through gestures and movement of eyes and mouth.

Pedro Chambia continued his special education at the Paul Harris Special School as well as physical, occupational and language therapy at the Home. His behaviour toward others has improved and he can understand and follow instructions. Henry Lopez also attends the Paul Harris Special School, and Dora Reyes, the Home's Social Assistant, tutors them.

The Home supports certain ex-residents in a number of ways. Groceries are given every one or two months to Carla Maria Chavez and prescription medicines are provided monthly to Kevin Macalupu.

Lecxon Cardoza and Sergio Castilla, who had to be transferred to the Niño Jesus de Praga home in Lima, are visited by someone from the Home every year. Last year they were visited by technician Nilda Noe and later by Sra. Anita Mollet, who found them happy and well.

Residents with families in Piura or Castillo, as well as some with families in the Sierra or other more remote places, have been spending the Holidays and some weekends with them. The Social Assistant of the Home, Dora Reyes, visits families to encourage them to include their handicapped children in their activities and gives training and advice to mothers of residents when they visit the Home. She also follows up with families of children with disabilities that have not applied for places in the Home.

The Home has enrolled various residents in public programmes for handicapped people and ensures that national identity cards are up to date.

FINANCIAL REPORT

It has been another challenging year for the Trust financially. On one hand, and thanks to our donors, we did manage to maintain the level of donations and legacies similar to previous years. We are very appreciative of all the efforts and invaluable help that our donors provide. On the other hand, over the last year the value of sterling continued depressed, which meant that our donations, all received in pounds, were worth much less than previously in US dollars, the currency that we send to the Home to pay all their expenses. Since the local currency tends to move in line with the US dollar, our donations now also buy fewer Peruvian soles. These exchange rate movements mean that our reserves will last less than otherwise. For much of the year we were able to keep the level of support to the Home at US \$11,000 per month, and that much needed help allowed the Home

to maintain the level of service and care to our children in need. This was only achieved, however, by using part of the Trust's financial reserves. With reserves now below the Trustees' target level, we did discuss with the Home the options available to us, and agreed that the best course of action would be to apply a gradual reduction in our regular transfers of funds. We have already reduced our support to US \$10,000 per month, and have agreed a further cut to US \$9,000 per month to be reviewed periodically. We hope that this decision will allow time for the Home to adjust, managing its costs and increasing its local funding, and potentially for the Trust to enhance its donation income. Both will assist the Trust to maintain a meaningful level of support for the Home for a longer period.
Marcelo Scenna
Treasurer

THE CHILALO BIRD

This compilation of memories of and tributes to Anita has sold very well indeed and the feedback has been excellent. However, there are still some copies left so do send off for one – it would make a good Christmas present.
£11.50 includes postage.



A day at the park

SPREAD THE WORD

When you have read this newsletter you might like to pass it on to your neighbours or friends who would be interested in hearing about the Trust and its work in Piura. Further copies can be obtained from the address below.

WILLS

We benefit greatly from legacies so do consider mentioning the Trust when you make or update your Will.

General Data Protection Regulation

Thank you for those of you who have Opted-in to GDPR. Some of you gave your email address but indicated that you would like to receive this newsletter by post. So you might receive this twice. Please let me know if I have got this wrong. It is useful to have a record of your email address for announcements about the Trust or to contact you regarding your standing order. But please let me know if your email address or your home address changes. If you have signed a Gift Aid form and your tax arrangements have changed do let me know.



GIFT AID

You can download a form from our website very easily. You can also send a donation via the website through our new system called Charity Checkout. Do please use this method of sending donations as it is so easy.

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